



"Flourish to the end"

# Hay Happenings

Email—[hay-p.school@det.nsw.edu.au](mailto:hay-p.school@det.nsw.edu.au)  
Web Site [www.hay-p.schools.nsw.gov.au](http://www.hay-p.schools.nsw.gov.au)

Hay Public School  
Phone 02 6993 1270  
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Term 2, Week 5

27 May 2020







## HAPPY TO BE BACK



### SCHOOL RULES

*I can do my best.  
I can respect all  
people.  
I can respect all  
property.  
I can be in the  
right place.*

### Protect yourself from viruses

-  **Clean** your hands with soap and water, or hand sanitiser.
-  **Cover** your nose and mouth when you cough or sneeze.
-  **Avoid** close contact with anyone with cold or flu-like symptoms.
-  **Stay home** if you are sick.

 **Find the facts**  
[health.nsw.gov.au/coronavirus](http://health.nsw.gov.au/coronavirus)

## Principal's Report

### Return to School

Welcome back to all students who have returned to full time education this week. It is wonderful to have everyone back and learning in the school environment again. Teachers will be placing their main focus on literacy and numeracy outcomes to fill any gaps that may have occurred during the recess from classroom learning caused by the COVID-19 pandemic. From May 25, all students will be expected to be back in the classroom and will be marked absent if they are not at school. Students will only be exempt under medical advice from a doctor and a doctor's certificate will be needed. Classes will run as normal with all class teachers present.

### Activities

Whilst there has been some easing of restrictions, the school will continue to not have mass gatherings such as assemblies, morning musters, school performances and special events. Excursions will still not run at this stage. Sport is allowed but there is to be no contact sport. Sport groups are able to take short walks to other venues in the town to access sporting facilities.

### Student Reports

Semester 1 reports will be delayed this year due to the interruption to learning that has taken place. Reports will reflect both learning at school and learning at home and will be focused on outcomes in literacy and numeracy. The report will go out to parents / carers at the commencement of Term 3 and parents will be contacted to discuss the progress of their child with the classroom teacher. More information regarding reporting and assessment will be forthcoming over the coming weeks.

### Social Distancing

Where possible, parents and carers are asked not to be present on the school site or to enter classrooms. Parents are asked to 'Kiss and Drop' their children at the school gate in the morning and wait at the gate in the afternoon.

### Canteen

The school canteen will be running as normal with physical distancing measures and hand hygiene firmly in place. The canteen offers an affordable range of healthy food for lunches and snacks and parents are encouraged to take advantage of this wonderful service provided by our school. This service can only continue if it is being used regularly by our students. It runs as a 'not for profit' canteen, so prices are kept low and affordable. Cupcakes can also be ordered through the canteen to celebrate a child's birthday with their classmates. The canteen runs on a pre-payment system or a 'pay as you order' system. Parents can pay money to the canteen online, through the 'Make a Payment' section on the school's website or money can be dropped into the front office. Students are able to take money and orders to the canteen every day.

### Health Advice

We acknowledge that there is a great deal of concern about people's personal safety during the COVID-19 pandemic, but the risk to children is lower and the benefits of school are great. Please follow all health advice and keep your child at home if they are unwell or have a respiratory illness.

Keep well, keep safe, keep your distance and keep washing your hands.

Carol Oataway

Principal

Quality education in a caring environment



## SPORTS NEWS

Since the last Hay Public School sports report a lot has happened. Unfortunately this has all had a huge impact on school sporting fixtures. All schools are legally required to follow the advice of the NSW Department of Education to ensure the safety of students and staff is the highest priority.

### What that means for HPS.

Although the restrictions have limited our 'normal' sports calendar, we are working hard to engage the students in as many 'normal' sporting activities as possible. Below are the guidelines we are following.

- School carnivals such as athletics, cross country and swimming carnivals are not permitted until otherwise notified.
- Inter-school sport competitions such as zone sport, state wide competitions and knockouts, gala days or inter-school carnivals are not permitted until otherwise notified.
- Competitive contact sport or physical activity is restricted.
- Full contact and semi-contact sports are not permitted.

At school our sports rotations will begin in Week 5 (this week). To adhere to the guidelines, the students will be participating in **Athletics Rotations** (for 8 years plus) where there is no physical contact required. The aim is to prepare the students for when (and if), the restrictions are lifted, to compete in a Hay Public School Athletics Carnival/Fun Day later in the year. Our rotations include; high jump, long jump, discus, shotput, sprinting skills, marching, throwing/catching skills and a fitness circuit. Students will participate in two rotations each week. Our younger students will also be developing their skills for the Jelly Bean Cup each week.

### Fitness at home

It has been lovely to hear all the reports of students working on their fitness at home. It is a great reminder that we don't all ways need a lot of equipment to keep our bodies healthy. Below are some fun activities to try at home. Enjoy!

- Go for a bike ride/scooter
- Go for a walk/run around Bushy Bend
- Fly a kite
- Create a fitness circuit
- Climb a tree
- Kick a football
- Shoot some netball hoops
- Play handball
- Dance
- Jump on a trampoline
- Kick a football

*Remember, fresh air and exercise is not only good for the body, but great for the mind too!*

## 4B SCIENCE EXPERIMENT



## Fun Workouts for Kids

Spell your Name!

- |                                      |                                    |
|--------------------------------------|------------------------------------|
| <b>A</b> 10 Jumping jacks            | <b>N</b> Jump around the room      |
| <b>B</b> Skip in place 5 seconds     | <b>O</b> High knees 5 seconds      |
| <b>C</b> Bear crawl 10 seconds       | <b>P</b> Grapevine run 5 seconds   |
| <b>D</b> Do 5 push-ups               | <b>Q</b> Squat 5 times             |
| <b>E</b> Run to the kitchen and back | <b>R</b> Deer prance 10 seconds    |
| <b>F</b> Inch worm crawl 10 seconds  | <b>S</b> Do 5 sit ups              |
| <b>G</b> Plank 10 seconds            | <b>T</b> Wall sit 10 seconds       |
| <b>H</b> Frog jump 5 times           | <b>U</b> Calf stretches 10 seconds |
| <b>I</b> Touch your toes 5 seconds   | <b>V</b> Army crawl 10 seconds     |
| <b>J</b> Windmill arms 10 seconds    | <b>W</b> 10 bicycle crunches       |
| <b>K</b> Jump up and down 10 times   | <b>X</b> 5 deep breaths            |
| <b>L</b> Do 10 lunges                | <b>Y</b> Run to your bed and back  |
| <b>M</b> Pretend to swim 10 seconds  | <b>Z</b> Reach up 5 seconds        |

## ENROL NOW FOR Ready, Set, Kinder Program

Once again Hay Public School will implement an extended Kindergarten transition program in 2020 called 'Ready, Set, Kinder!'. Children will access a variety of opportunities which will enhance their developing skills and prepare them for school life at Hay Public School in 2021.

All students entering Kindergarten at Hay Public School in 2021 are invited to participate in our 'Ready, Set, Kinder!' education program each Wednesday from 9:15 am to 3:00pm in Terms 3 and 4 to undertake learning and familiarisation activities and to experience aspects of school life. This is an opportunity for them to explore and play in a new learning environment and will assist in helping them feel happy, safe and secure.

All children who are eligible to commence school in 2021 and are planning on enrolling at Hay Public School will have access to this program.

To reserve a place in the Ready, Set, Kinder! program please call at the office to collect an enrolment package or call 02 6993 1270 to reserve a place and post application forms.



## after-school homework CLUB *@your library*

**Commencing**  
**WEEK 6 - Tuesday 2nd June**  
**3.15 - 4.30**

**Please put your name down at the front office.**

**Places are limited.**

**Donations of food for afternoon tea is most welcome.**

## SCHOLASTIC Book Club

**Issue 4 - Orders Due**  
**Friday 19th June**

## HPS CANTEEN NEWS

The school canteen is running as normal with physical distancing measures and hand hygiene firmly in place.

### Now Available!

Hot Chocolate \$2

Grab one before class or place your order for lunch time.



We also have a selection of hot foods to enjoy on these cold days that are now upon us.

- Meat pie
- Sausage roll
- Homemade soup
- Steamed dim sims
- Party pies
- Toasted sandwiches
- Homemade lasagne or pasta bolognese



Students are able to take money and orders to the canteen every day.

### Canteen menu available on our website

<https://hay-p.schools.nsw.gov.au/about-our-school/what-we-offer.html>



### Canteen Birthday Cup Cake Orders

**\$25**



### DONATION FOR CLOTHING POOL

Donations of uniforms are urgently needed for our clothing pool.

#### Families urgently require

- \* Winter tunics
- \* Sports shirts
- \* Navy jumpers - especially larger sizes.
- \* White shirts
- \* Navy tights

Your donations would be greatly appreciated.

Please drop donations into the front office.

### Year 6 t-shirts have arrived!

Please make payment via the school's website or directly to the front office.

**\$30**



## STAY HEALTHY

If your child is unwell, do not send them to school. If they are unwell at school you or your nominated emergency contact will need to collect them immediately.


Please make sure your contact details are up to date.



Clean your hands with soap and water, or hand sanitiser





Cover your mouth and nose when you sneeze or cough



Tell someone if you're feeling sick

**How do you feel?**

 Sick  
 Worried  
 Happy  
 Sad  

Want to talk to someone?  
Kids Helpline 1800 55 1800  
kidshelpline.com.au

**Keep your distance**



**Please use hand sanitiser**

education.nsw.gov.au

## \*\*\* Entries Extended \*\*\*

### University of NSW International Competitions

Please complete the entry form and return it to the yellow box in the front office by **FRIDAY 9th JUNE 2020**.

Name: \_\_\_\_\_ Year \_\_\_\_\_

Class: \_\_\_\_\_

Please tick

<input type="checkbox"/>	Digital Technologies	\$10.00
<input type="checkbox"/>	Science	\$10.00
<input type="checkbox"/>	Spelling	\$10.00
<input type="checkbox"/>	Writing	\$10.00
<input type="checkbox"/>	English	\$10.00
<input type="checkbox"/>	Mathematics	\$10.00
<input type="checkbox"/>	All of the above	\$60.00

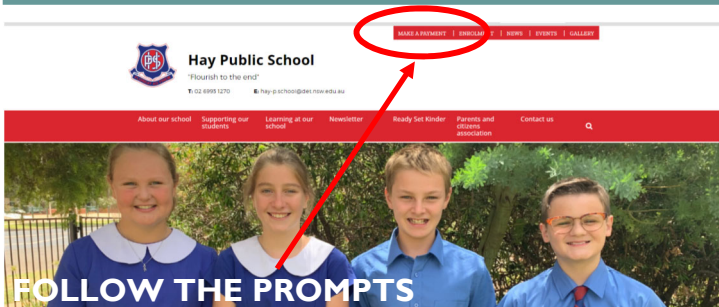
TOTAL PAYMENT ENCLOSED: \$ \_\_\_\_\_

Payment preferred online

Log onto School site at [www.hay-p.schools.nsw.edu.au](http://www.hay-p.schools.nsw.edu.au)

Click on "Make a Payment"

Follow the prompts



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Follow the prompts

## PARENT ONLINE PAYMENT (POP)

### FOR SCHOOL FEES, EXCURSIONS

Did you know that you can make payments to your child's school online?

We have launched a new online payment portal linked to your school's website to make it easier for you to pay for school related payments. This is a secure payment page hosted by Westpac which enables parents to pay online by using either VISA, MasterCard or debit card..

### What expenses can be paid online?

- Voluntary School Contributions
- Subject Contributions
- Excursions
- Sport
- Creative and Practical Arts
- Sales to Students
- Other (e.g canteen)



### When?

This payment method is available now.

### How?

Log onto School site at [www.hay-p.schools.nsw.edu.au](http://www.hay-p.schools.nsw.edu.au)  
Click on "Make a Payment" and follow the prompts to make a payment via Visa or MasterCard.

## Be a hand-washing hero



Clean your hands with soap and water



Cover your mouth and nose when you sneeze or cough

**How do you feel?**


**Keep your distance**



education.nsw.gov.au